

enough secrets.  
enough secrets.  
enough shame.  
enough hurt.  
enough confusion.  
enough denial.

**enough child sexual abuse.**

## **Enough Abuse Campaign**

### **Child Sexual Abuse Prevention Resources**

for participants in

### **“Faith and Flourishing in the Face of Childhood Sexual Abuse: Strategies for Prevention and Healing”**

**April 8-10, 2021**

#### **Online Resources**

##### **“Enough! Preventing Child Sexual Abuse in My School”**

Enough!” is the most comprehensive training course available developed exclusively to meet the specific needs of schools, and to address the challenges they face in preventing child sexual abuse and educator sexual misconduct. The one-hour, online course provides learners with an engaging and interactive experience. It includes a short pre- and post-test, knowledge checks, and a brief evaluation survey to document self-reported anticipated changes in responding to and reporting child sexual abuse. A resource bank is provided with over a dozen downloadable prevention resources that teachers and administrators can use to support post-viewing discussions and policy actions. A certificate of completion is available for download. The course is Closed Caption for those with hearing impairments.

*Enough!* was selected in 2019 by the U.S. Department of Justice for inclusion in its online national repository of effective, quality crime victim prevention programs and practices. The program has been approved for 1.0 Social Work Continuing Education hours for re-licensure by the NASW-MA Chapter CE Approving Program.

A randomized-controlled study of teachers in three states published in the [\*\*Journal of Child Sexual Abuse \(2019\)\*\*](#) has documented, *at the highest levels of statistical significance*:

- Increased learner knowledge about child sexual abuse and its prevention;
- Ability to identify boundary-violating behaviors that if left unchecked could lead to sexual misconduct or abuse; and
- Confidence and willingness to report suspected or disclosed cases.
- 98.4% of learners indicated they would recommend the course to their colleagues.

**The course is available for free preview** for administrators of schools and school districts, state department of education, and schools of education. To request a free preview or discuss annual or multi-

year arrangements for your district, please contact [info@masskids.org](mailto:info@masskids.org) or call (617) 742-8555. Individuals may also take the course for a \$20 registration fee paid by check and sent to MassKids, 112 Water St., Suite 204, Boston, MA 02109. Learn more at: <https://elearning.enoughabuse.org/>

**“Enough! Preventing Child Sexual Abuse in My Youth Organization”** - “Enough!” is a comprehensive training course developed to meet the needs of organizations or programs that serve youth through counseling, tutoring, mentoring, sports, recreation, music/dance/martial arts, faith-based-sponsored activities, scouting, camping, etc.

The one-hour, online course with available closed captions provides youth-serving staff with an engaging and interactive experience, while increasing their knowledge about child sexual abuse, their ability to identify boundary-violating behaviors before they can escalate to legally reportable sexual offenses, and their confidence in reporting sexual misconduct and suspected cases of child sexual abuse.

Every year, in youth-serving organizations (YSOs) across the U.S. an estimated 35 million adults come into contact with more than 70 million children and teens. Within these organizations our children learn new skills, build self-esteem, and are challenged to explore worlds that might not be available to them at home. Unfortunately, the same factors that create a nurturing environment for children may also increase a child’s vulnerability by providing “cover” and access to children that sexual abusers seek. Without a comprehensive strategy to prevent sexual abuse, those who work in youth-serving organizations and programs are not sufficiently equipped to protect our children from this risk or the organization from financial and legal liabilities. A key prevention strategy is to educate all staff and volunteers about child sexual abuse and how to prevent it.

The course, which includes pre and post tests, knowledge checks and learner evaluations, has been approved for 1.0 Social Work Continuing Education hours for re-licensure by the NASW-MA Chapter CE Approving Program.

To request a free preview for your leadership team or discuss annual or multi-year licensing for your youth organization, please contact [info@masskids.org](mailto:info@masskids.org) or call (617) 742-8555. Interested individuals can also take the course for a \$20 registration fee paid by check and sent to MassKids, 112 Water St., Suite 204, Boston, MA 02109. Learn more at: <https://elearning.enoughabuse.org/yso>

**Sexual Abuse Safe Child Standards** - a 22-page report that identifies six safe-child Standards schools and youth organizations should consider implementing. It includes: action steps to help support implementation of each Standard which include: assessing risk of harm and strengthening identified gaps; educating staff, volunteers, children, and their parents about child sexual abuse and its prevention; developing codes of conduct detailing specific adult boundary-violating behaviors; screening of prospective employees and volunteers; assessing and modifying physical spaces to reduce opportunities for sexual abuse; and reporting and responding appropriately to sexual misconduct and suspected abuse. The report is downloadable for free here: <http://bit.ly/1Rihfoc>

**Straight Talk: A Prevention Guide for Parents** – a resource that gives parents the information and skills they need to strengthen safety within their families, and to reduce the risks of sexual abuse in their communities. The tool is intended to support parents who have not spoken to their children about body boundaries because they feel they don’t know enough, don’t know what to say, or how to approach the subject. Armed with this booklet, parents can gain knowledge, skills and confidence to help protect their child from sexual abuse and its devastating consequences.

The guide is available online here: <http://bit.ly/1NWezjl> Hard copies can be purchased in bulk and can be localized with state or county prevention, reporting and treatment resources. A Spanish version is available with national resources.

**Straight Talk: A Prevention Guide for Parents of Children with Disabilities** –This version of the Straight Talk prevention guide gives parents and caregivers of children with disabilities specific knowledge and skills to keep their children safe. The 28-page guide can be downloaded online for free. It is also available for bulk purchase and can be localized with specific state or county resources. <http://bit.ly/2xKUeHE>

**“It’s Not Just Jenna”** – a 30-minute video co-produced by Enough Abuse and Alvid Productions (updated in 2020 and now available in Spanish) to educate middle and high school youth, their parents, and other youth-serving professionals. The accompanying 30-slide “Learning and Discussion Guide” promotes and facilitates post-viewing discussion about the lessons Jenna’s story teaches us about child sexual abuse and how to prevent it. The learning goals of this video and discussion are to educate participants about:

- Behavior signs to be aware of in adults that might indicate they pose a risk to children and teens;
- Ways sexual abusers “groom” or establish trust with potential victims and their families;
- Behavior signs to look for in children or teens that may indicate they are being or have been sexually abused;
- Reasons that make it difficult for victims or child sexual abuse to tell;
- How to respond if we see behavior signs in an adult that indicate they might pose a risk to children and teens; and
- How to respond if we see behavior signs in a child or teen that raises concerns they may have been or are being sexually abused.

The training is rated highly by students. See evaluation comments here:

<http://www.enoughabuse.org/the-campaign/training-tools/14-the-campaign/the-campaign/35-comments-its-not-just-jenna.htm>

Youth groups, schools, churches, and others can purchase the right to view the Video and, using the Discussion Guide, facilitate a post-viewing training with their group/organization an unlimited number of times for a \$75 fee. To watch a short preview and purchase: <https://www.enoughabuse.org/workshops-events/it-s-not-just-jenna.html>

**GateKeepers for Kids Resource Bank** – a free subscription service on the Enough Abuse website that provides a rich source of information for school and youth organization leaders about policies on sexual abuse prevention, key reports on the issue, latest research, videos, and specific tools that can be adopted/adapted to improve responses to sexual abuse. Over 90 annotated resources are currently included in the Resource Bank and more are added as they are identified and reviewed.

<http://bit.ly/1JQjPgM>

**A Practical Guide to Making Your Organization Safer - a 12-page primer** for small to mid-size organizations includes 6 companion "Fact Sheets" on organizational assessment, training, screening, reporting, etc. Developed by Enough Abuse and consultant Joan Tabachnick, the primer and fact sheets are downloadable. <http://bit.ly/2wgbhDD>

**10 Conversations** - a free, educational email series developed to provide individuals with key information about child sexual abuse and ways to prevent it. It also serves as a post-training resource and refresher for individuals who have participated in free in-person trainings delivered by the Enough Abuse Campaign's certified trainers. Each conversation includes a specific prevention action that subscribers are encouraged to take. Data is collected at the end of each subscriber's course to assess their experience, knowledge gains, and prevention actions taken. Subscribers receive bi-weekly emails over five months on the following topics:

1. What is Child Sexual Abuse? Defining the Problem
2. Who are the Abusers?
3. Behavior Signs of Abusers: Grooming Tactics Used by Sexual Abusers
4. Behavior and Physical Signs that Might Indicate Sexual Abuse
5. Sexual Behaviors of Children: What's Typical? What's Problematic?
6. Responding to Sexual Behaviors of Children: Skills you can learn to respond appropriately
7. Talk to Your Children: Start Early and Communicate Often
8. The Impact of Child Sexual Abuse on Children: Tactics Abusers Use So Children Won't Tell
9. Internet Safety: Keeping Your Children Safe Online
10. The Public's Opinion on Child Sexual Abuse: Prevention is Possible

Sign up here: <https://www.enoughabuse.org/for-ind/1-conversations.html>

### **In-person trainings**

MassKids is available to provide schools and youth-serving organizations with comprehensive in-person trainings on child sexual abuse prevention. Utilizing the Campaign's research-based and evaluated curricula and tools, certified Enough Abuse trainers educate parents and a broad range of child and family-serving professionals about child sexual abuse and help build their skills to prevent it. Our training and policy tools include:

**“Preventing Sexual Abuse: Strategies for Your Family and Community”** training is intended as an introduction to child sexual abuse and is appropriate for many audiences. It includes:

- The nature and scope of child sexual abuse
- Characteristics of men and women who abuse and how they differ
- Social messages, tactics of abusers, and attitude of adults that have allowed sexual abuse to thrive in our communities
- Behaviors that might indicate an adult poses a sexual risk to a child
- Specific “grooming” tactics that abusers use
- Specific prevention messages that adults need to convey to children and to youth
- How to handle disclosures from a child or youth victim
- Reporting suspected cases of child sexual abuse

**“Understanding and Responding to Sexual Behaviors of Children”** is an interactive, skill-building training designed for parents, early education and care professionals, and others who have contact with children and/or their families. It addresses:

- “Developmentally expected” sexual behaviors of children at various ages
- Characteristics of youth who engage in sexually abusive behaviors
- How to distinguish “developmentally expected” sexual behaviors from those that are inappropriate, coercive or abusive and illegal

- How to respond to all sexual behaviors of children in ways that promote good communication, empathy and accountability
- Yellow light sexual behaviors in children/youth that demand attention and monitoring
- Red light sexual behaviors in children and youth that require reporting and referral
- Why early identification and treatment of sexually abusing youth hold great promise for reducing recidivism and preventing abuse behaviors into adulthood.

Scenarios are presented describing sexual behaviors of children that participants might witness in their homes, in day care settings, schools, and other youth-serving organizations. Small group discussions help participants develop skills to respond confidently to these behaviors.

**“Enough Abuse: Strategies for Your School and Community”** is intended specifically to educate school administrators, teachers, school coaches, parents, and other school employees. It includes 25 boundary-violating behaviors that schools should consider including in their code of conduct, as well as:

- The nature and scope of child sexual abuse and sexual exploitation
- Preventing educator sexual abuse and misconduct
- Title IX requirements for schools around sexual harassment
- How to handle disclosures about boundary-violating behaviors and abuse
- Legal obligations of school personnel to report suspected child sexual abuse

A version of this curriculum has been adapted for Enough Abuse Sierra Leone and Enough Abuse Nigeria.

**“Enough Abuse: Strategies for Youth Organizations”** is suitable for a wide range of organizations that serve children and youth. It includes 25 boundary-violating behaviors that youth-serving organizations should consider including in their code of conduct as well as:

- The nature and scope of child sexual abuse and exploitation
- Preventing sexual abuse and misconduct in youth-serving organizations
- A section for administrators about Safe-Child Standards and how to implement them
- How to handle disclosures about boundary-violating behaviors and abuse
- Legal obligations of youth personnel to report suspected child sexual abuse

### **Consultation on Prevention Policies and Practices**

Enough Abuse is also available to assist schools or youth-serving organizations to strengthen their policies to protect children and youth from sexual abuse. We have developed the following tools for this purpose.

**Child Sexual Abuse Prevention Organizational Assessment Tool** - a tool designed to guide small to mid-sized youth organizations and schools as they explore and consider various questions and strategies needed to create a safer space for children and adolescents. The goal is to increase organizational strengths while decreasing the risks inherent within any organization that serves children and teens. The 10-page Assessment includes 56 questions in 6 categories that members of the organization’s leadership team fill out individually or as a guided group process. *This tool is available to organizations engaged in training and consultation services provided by Enough Abuse.*

**Staff Self-Assessment Resources** – four self-administered assessment tools that help adults identify thoughts and behaviors that might pose a potential threat to the children they serve and to their own role as a teacher, school employee, coach, or youth organization staff. *The resources are made available to schools and YSOs engaged in training and consultation services from Enough Abuse.*

“Are You Crossing the Line with a Student? A Self-Assessment for Public School Staff“

“Are You Crossing the Line with a Student? A Self-Assessment for Private School Staff”

“Are You Crossing the Line with a Youth? A Self-Assessment for YSO Staff”

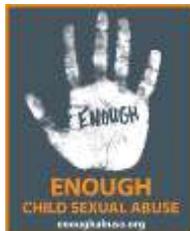
“Are You Crossing the Line with a Student Athlete? A Self-Assessment for Coaches”

### **Code of Conduct: A Child Sexual Abuse Prevention Guide**

This resource is available for schools and for youth serving organizations to encourage administrators and directors to assess their current child safety practices and to support their adoption of a comprehensive set of policies to guide the safe conduct of employees and volunteers. The 15-page Guides were developed with input from school and YSO leaders, prevention advocates and survivors of child sexual abuse by school and YSO employees.

**Boundary Violating Behaviors Series** - a set of three separate resources on Boundary Violating Behaviors for 1.) youth-serving organizations, 2.) public schools, and 3.) private day schools and boarding school. These 3-page hand outs are intended for staff, students, and parents to help them identify and stop inappropriate behaviors of adults that, if left unchecked, could escalate to sexual misconduct and/or legally reportable sexual offenses. *Schools and youth-serving organizations engaged in training and consultation services from Enough Abuse are provided with these resources as they assess, revise or develop their Codes of Conduct.*

**Engaging Foundations and Funders in Preventing Child Sexual Abuse** - Two ways foundations can become leaders in raising the safe child standards of the youth-serving organizations they support are 1.) to embed expectations about the responsibility of youth organizations to improve their child sexual abuse prevention policies and practices as part of the foundation’s grant application process, and 2.) to provide foundation program officers with tools to assist them in their review of youth-serving grantees. To support foundations and funders in prevention work, we have developed the *Children and Youth Sexual Abuse Prevention Form for Foundations* so they may assess a grant applicant’s current policies and practices as they relate to child safety from sexual misconduct or abuse. *This tool is available to foundations engaged in training and consultation with Enough Abuse.*



### **Enough Abuse Campaign**

#### **A program of MassKids**

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